

The background image is a photograph of a multi-arched stone bridge spanning a river. The scene is misty and has a warm, golden-brown color palette, suggesting an early morning or late autumn setting. Bare trees are visible in the background, and their reflections are in the water. The bridge is made of large stone blocks and has several large arches. The overall mood is serene and slightly melancholic.

MY BRIDGE **BUILDER**

THREE TYPES
OF
IDENTITY THEFT



My Bridge Builder

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3 Types of identity theft

The three most common types of identity theft are financial, medical and online. Learn how you can prevent them and what to do if they happen to you.



1. Financial identity theft

Most people associate identity theft with this type of crime, which involves the use of personal information to take over financial accounts.



2. Medical identity theft

Did you know that your health insurance information can be used by someone else to see a doctor, get prescription drugs or file claims to your insurance provider?



3. Online identity theft

A sharp increase in social media use means greater opportunities than ever before to steal identities or perpetuate fraud online.

Identity theft

Identity theft happens when someone uses your personal or financial information without your permission. It can damage your credit status and cost you time and money.

Warning signs of ID theft

You may not know that you experienced ID theft immediately. Beware of:

- Bills for items you did not buy
- Debt collection calls for accounts you did not open
- Information on your credit report for accounts you did not open
- Denials for loan applications
- Mail stops coming to - or is missing from - your mailbox

How to report ID theft

To report identity theft, contact:

- The Federal Trade Commission (FTC) online at [IdentityTheft.gov](https://www.ftc.gov/identity-theft) or call 1-877-438-4338
- [The three major credit reporting agencies](#). Ask them to place [fraud alerts and a credit freeze](#) on your accounts
- The fraud department at your credit card issuers, bank, and other places where you have accounts

How to protect yourself from identity theft

- Do not answer phone calls, texts, or email from numbers or people you do not know.
- Do not share personal information like your bank account number, Social Security number, or date of birth.
- Collect your mail every day and [place a hold on your mail](#) when you will be on vacation or away from your home.
- Review credit card and bank account statements. Watch for and report unauthorized or suspicious transactions.
- Store personal information, including your Social Security card, in a safe place. Do not carry it in your wallet.

From the usa.gov site: <https://www.usa.gov/identity-theft>

My Bridge Builder Can Help

The Internet can be a dangerous place because identity thieves steal more than money.

My Bridge Builder specializes in providing information security and identity restoration for families and owners of small businesses who want to stay safe online.

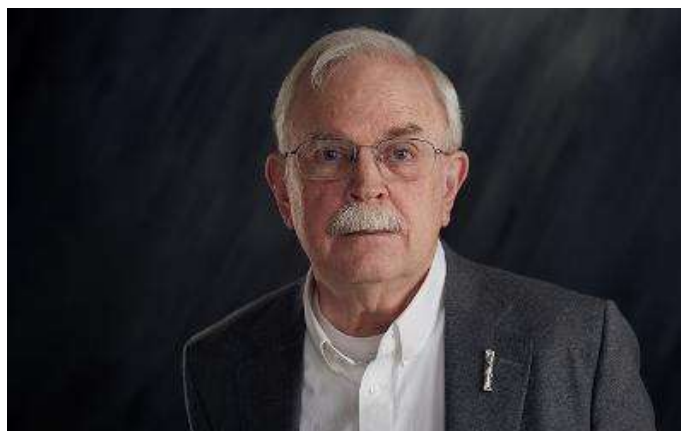
Call **801-557-7105** or email me at markholland@mybridgebuilder.com for more information!

My name is **Mark Holland**.

My Bridge Builder exists to protect and empower my clients.

IDShield is my tool of choice: 24/7 availability, licensed professional investigators and more than 20 years of experience dedicated to keeping people safe.

I can help you too!



Mark Holland,

Your Bridge to the IDShield Difference

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